

# Thornbury Hamlets Household Emergency Plan



## Be Ready. Be Safe.

Emergencies can affect the community with little or no notice. Being prepared can help reduce the effects on your families' lives, reduce the need for help from others and enable you to support the vulnerable in your community.

Complete the following sections and keep this plan in a safe place that all members of your household can easily access.

### **THINK: what would you do in case of.....**

- Extended power cuts ?
- Village cut off by snow and ice, flooding or major tree falls ?
- Major road traffic incident or explosion within the village ?
- Flu pandemic ?
- Major animal disease ?
- Security emergency ?

**KEEP THIS DOCUMENT TO HAND AT ALL TIMES**

**Version 2.0 March 2021**

## Inform the rest of your family:

Name	Mobile	Landline / work / school

## ICE Contact Number

The emergency services are trained to check for a person's **ICE** contact number which stands for 'In Case of Emergency'. Think carefully about who you choose as an ICE contact because that person may need to give consent for medical treatment. Put ICE contacts in all mobile phones, or on a card in wallets or purses. If your phone is password protected then use the card method or make it visible on the lock screen.

## THINK AHEAD .....

Where is your safe, secure place for important documents (passport, birth and insurance certificates etc.) and items of high sentimental value such as old family photos? Are these raised above potential flood levels and easy to grab (in one box) if you need to take them with you? Is the box fire-proof? Have you stored important computer records on a USB stick or disk ?

Where will you meet if you become separated – a nearby landmark or a friend's house? Also, agree an alternative meeting place further away from your home.

What would you do if you lost all power and communications (including mobile phones)?

## Be prepared : Create an Emergency Box

This will help you locate essential items quickly in an emergency. You could keep this plan with it. Contents could include:

A list of medication, insurance policy numbers and important phone numbers such as your doctor, insurance provider, vet, school, work and close friends or relatives

Wind-up or battery (with spares) torch and radio

Toiletries, hand-wash gel, toilet rolls, face masks

First Aid kit, including pain relief and flu and cold medication

3 days' supply of bottled water and long-life food and milk

(Check sell by dates every six to twelve months)

Camping stove and fuel

Candles and matches

**NOTE:** This is not an exclusive list, you can add other items for your own comfort. Check and update your Emergency Box regularly. If you should need to leave your home, take your mobile phone and charger (with plenty of credit), essential keys, cash and credit cards, prescription medications, water and pet food and suitable extra clothing with you.

## How and where do you turn off the following ?

Service	Where ?	How ?
Electricity		
Water		
Gas (bottle)		

### Community Resources

Whilst we normally expect the emergency services to react to any incident, you may not be able to immediately contact them if phone lines or mobile masts are down. They may also be delayed or overstretched, or initially prevented from getting to you.

Think what professional skills, equipment and facilities **you** have that might immediately assist the community in the event of a major emergency? For example:

A 4 x 4 vehicle, tractor, truck or van, mechanical digger, trailers or lifting equipment

Power tools e.g. chainsaws or cutting equipment, portable generators, heaters or pumps

2 way (CB) radios Accommodation for anyone made homeless

Space for spare food, such as contents of freezers which might otherwise be spoilt.

**Where are you?** Around the world, emergency services are using **what3words** to find and help people in need. Download the **what3words app** for your phone, and you can be pinpointed in an emergency to a **3m square** anywhere in the countryside or town.

### Community Self-Help

In the event of a pandemic, severe weather conditions, such as heavy snow, flooding, high winds or fallen trees, or **if you (or a neighbour) need any help** with Doctor or Hospital appointments, power cuts or shortage of food, **contact the Response Team member for your area or the Coordinator** on the numbers on the back of this plan: they will do their best to find you help.

**Look out for vulnerable people** and if you are concerned for a neighbour, relative or friend then please contact your Response Team member or your nearest Parish Council representative for assistance.

Check any elderly or vulnerable neighbours regularly to ensure they have access to heated drinks and food and a method of staying warm.



### Defibrillators (AED)

Thornbury has a defibrillator at **Thornbury Holiday Park** in Woodacott. There are trained users in the community, who can often render first-aid assistance.

When out and about, be aware of other local defibrillators:

Opposite Cookbury Church, at Bradford Hall, Sanders Garage, Milton Damerel, Chilsworthy Village Hall, and Shebbear Village Hall, as well as several in Holsworthy.

## Thornbury Emergency Response Team:

<b>Paul Taylor</b>	<b>Plan Coordinator</b>	<b>261804 07584 720802</b>
Chris Ward	S. Wonford - centre	261459 07867 540618
Tim Priest	S. Wonford - outlying areas	261673
Keith Hutchings	Thornbury & outlying areas	261373 07788 140497
George Worth	Lashbrook & Lophorne	281336 07966 486575
Trevor Jollow	Woodacott - centre	261291 07773 881110
Tony Gifford	Brendon & Forda	261374
Stephen Sanders	Lower Woodacott	261626 07971 695091
Steve Bond	Snow Warden	261123 07970 731044

## General Emergency Numbers:

Police, Fire & Ambulance	<b>Emergencies 999</b>
Police	<b>Non-urgent 101</b>
Holsworthy Medical Centre	253692
Devon Doctors (out of hours)	111
Stratton Hospital—enquiries	01288 320100
Stratton Hospital—MIMI	via 111
A&E— Bideford/Barnstaple	01271 322577
South West Water (leaks)	0800 2300561
Gas Emergencies	0800 111999
Electricity Emergencies	105 (e.g. cable down)
Power cuts (Western Power)	0800 3163105
N.H.S. Direct	111
Torrige District Council	01237 428700
D.C.C. Highways	0345 1551004
Environment -S.W. Agency	08708 506506

## Get up-to-date local information at :

BBC Radio Devon FM, 94.8, 103.4	<a href="http://bbc.co.uk/radiodevon">bbc.co.uk/radiodevon</a>
BBC Radio Cornwall FM, 95.2, 96, 103.9	<a href="http://bbc.co.uk/radiocornwall">bbc.co.uk/radiocornwall</a>
Pirate FM on 102.2, 102.8	<a href="http://piratefm.co.uk">piratefm.co.uk</a>

[www.thornburyhamlets.com](http://www.thornburyhamlets.com) or 'Thornbury Tatler' on Facebook