

Thornbury Hamlets Household Emergency Plan



Be Ready. Be Safe.

Emergencies can affect the community with little or no notice. Being prepared can help reduce the effects on your families' lives, reduce the need for help from others and enable you to support the vulnerable in your community.

Complete the following sections and keep this plan in a safe place that all members of your household can easily access.

THINK: what would you do in case of.....

- Extended power cuts ?
- Village cut off by snow and ice, flooding or major tree falls ?
- Major road traffic incident or explosion within the village ?
- Flu pandemic ?
- Major animal disease ?
- Security emergency ?

KEEP THIS DOCUMENT TO HAND AT ALL TIMES

Version 1.1 May 2018

Inform the rest of your family:

Name	Mobile	Landline / work / school

ICE Contact Number

The emergency services are trained to check for a person's **ICE** contact number which stands for 'In Case of Emergency'. Think carefully about who you choose as an ICE contact because that person may need to give consent for medical treatment. Put ICE contacts in all mobile phones, or on a card in wallets or purses. If your phone is password protected then use the card method or make it visible on the lock screen.

THINK AHEAD

Where is your safe, secure place for important documents (passport, birth and insurance certificates etc.) and items of high sentimental value such as old family photos? Are these raised above potential flood levels and easy to grab (in one box) if you need to take them with you? Is the box fire-proof? Have you stored important computer records on a USB stick or disk ?

Where will you meet if you become separated – a nearby landmark or a friend's house? Also, agree an alternative meeting place further away from your home.

What would you do if you lost all power and communications (including mobile phones)?

Be prepared : Create an Emergency Box

This will help you locate essential items quickly in an emergency. You could keep this plan with it. Contents could include:

A list of medication, insurance policy numbers and important phone numbers such as your doctor, insurance provider, vet, school, work and close friends or relatives .

Wind-up or battery (with spares) torch and radio

Toiletries, hand-wash gel, toilet rolls

First Aid kit including pain relief and flu and cold medication.

3 days' supply of bottled water and long-life food and milk

(Check sell by dates every six to twelve months)

Camping stove and fuel

Candles and matches

NOTE: This is not an exclusive list, you can add other items for your own comfort. Check and update your Emergency Box regularly. If you should need to leave your home, take your mobile phone (charged with credit), mobile phone power bank, essential keys, cash and cards, prescription medications, water and pet food and suitable extra clothing with you.

How and where do you turn off the following ?

Service	Where ?	Who ?
Electricity		
Water		
Gas (bottle)		

Community Resources

Whilst we normally expect the emergency services to react to any incident, you may not be able to immediately contact them if phone lines or mobile masts are down or if they are overstretched or initially prevented from getting to you. Think what professional skills, equipment and facilities do **you** have that might immediately assist the community in the event of a major emergency? For example:

A 4 x 4 vehicle, tractor, truck or van

Mechanical digger, trailers or lifting equipment

Power tools e.g. chainsaws or cutting equipment

Portable generators, heaters or pumps

2 way (CB) radios

Accommodation for anyone made homeless or space for spare food, such as contents of freezers which might otherwise be spoilt.

Community Self-Help

In the event of severe weather conditions, such as heavy snow, flooding, high winds or fallen trees, or **if you (or a neighbour) need any help** with Doctor or Hospital appointments, power cuts or shortage of food, **contact the Response Team member for your area** on the numbers on the back of this plan: they will do their best to find you help.

Look out for vulnerable people and if you are concerned either for a neighbour, relative or friend then please contact your Response Team member or your nearest Parish Council representative for assistance.

Check any elderly or vulnerable neighbours regularly to ensure they have access to heated drinks and food and a method of staying warm.



Defibrillators (AED)

Thornbury will install a defibrillator at **Thornbury Holiday Park** in Woodacott in the near future. There will be trained users in the community, who can often render first-aid assistance. Watch for details in the 'Thornbury Tatler' and on the Facebook group.

Other local defibrillators are: opposite Cookbury Church, at Bradford Hall, Chilsworthy Village Hall, and Shebbear Village Hall.

Thornbury Emergency Response Team:

Chris Ward	S. Wonford - centre	261459 07867 540618
Tim Priest	S. Wonford - outlying areas	261673
Keith Hutchings	Thornbury & outlying areas	261373 07788 140497
George Worth	Lashbrook & Lophorne	281336 07966 486575
Trevor Jollow	Woodacott - centre	261291 07773 881110
Tony Gifford	Brendon & Forda	261374
Stephen Sanders	Lower Woodacott	261626 07971 695091
Thelma Priest	Plan Coordinator	240194 07779 461497
Steve Bond	Snow Warden	261123 07970 731044

General Emergency Numbers:

Police, Fire & Ambulance	Emergencies 999
Police	Non-urgent 101
Holsworthy Medical Centre	253692
Devon Doctors (out of hours)	111
Stratton Hospital—enquiries	01288 320100
Stratton Hospital—MIMI	01288 320101
A&E— Bideford/Barnstaple	01271 322577
South West Water (leaks)	0800 2300561
Gas Emergencies	0800 111999
Electricity Emergencies	0800 4085500
Power cuts (Western Power)	0800 6783105
N.H.S. Direct	111
Torrige District Council	01237 428700
D.C.C. Highways	01392 383329
Environment -S.W. Agency	08708 506506

Get up-to-date local information at :

BBC Radio Devon FM, 94.8, 103.4	bbc.co.uk/radiodevon
BBC Radio Cornwall FM, 95.2, 96, 103.9	bbc.co.uk/radiocornwall
Pirate FM on 102.2, 102.8	piratefm.co.uk
Heart FM on 105.1, 100.7	heart.co.uk/southwest

www.thornburyhamlets.com or 'Thornbury Tatler' on Facebook